



**CWTC**

Where people with disabilities  
live, work and grow.

# CWTC Insider

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## Consumer Spotlight



Emily has been working with CWTC since April of 2010. She has worked in the community (Apple's Bakery) and on CWTC's janitorial contracts. She enjoys riding her bike, shopping, going to concerts and being involved with her church. She also enjoys painting and recently had one of her pieces featured at the Inspiring Art Abilities Art Show.

## A Message From Patti

Dear friends,

We are already 3 months into the new year and I can imagine that many of our resolutions have gone by the way side! Spring is here now and we can again look at new beginnings. So maybe we can shake off the winter blues and resolve to make some positive changes in our lives.



Here are some suggestions: Praise someone every day or tell them thank you for doing some little thing. Think about how that will increase someone's self-esteem. Cherish ordinary moments, don't take the mundane for granted. You never know when your dull ordinary life can take a turn and you will yearn for those simple pleasures. Gather up all your empty change and make a donation. The little things can make a huge difference in someone's life.

So now I will take my own advice. Thank you to all our staff, board of directors, volunteers and supporters. And most of all thank you to all our consumers for enriching our lives on a daily basis.

Take care!

**Patti Gratton**

Executive Director

**CWTC Garden Program Ready To Spring!**

# wish list

Thank you those of you who check out our "Wish List" every month. You can still check out our [Wish List](#) today!

## Shopping Online?

See Below!

**Shop at AmazonSmile** and Amazon will make a donation to:  
**Community Workshop & Training Center, Inc.**

Get started

amazon smile

## Mission Statement

Our Central Illinois organization provides programs and services to adults with disabilities; enriching their quality of life, promoting social change, and optimizing their potential for independence.

## Volunteer Day Scheduled

Volunteers are needed in 2016 as we continue to "grow" our garden program. We are having our first "Volunteer Day" Saturday, April 2nd from 11AM-2PM.

We will be constructing new garden beds, trellises, some planting and general garden clean-up at the Dorchester site. Please bring a pair of work gloves if you have them. Contact Don Rulis at 686-3300 or email [drulis@cwtc.org](mailto:drulis@cwtc.org) to RSVP.



The program provides CWTC consumers the opportunity to become involved at a variety of levels from therapeutic recreation outlets to developing job skills leading to employment opportunities. Fostering healthy lifestyles for participants and the community is a part of the program. Help is needed at our large garden at the Dorchester Ridge Apartments in Peoria and at the CWTC Twin Oaks residential facility in Pekin.

Garden or farming experience is not required. We appreciate any time you can give to help us. See more [here!](#)

## Art Show Inspires!



The first Inspiring Art Abilities Art Show was held at The Waterhouse in Peoria on Friday, March 11th. Our many talented artists produced stunning artwork. We appreciate you coming out to support their gifts with your donations and time. Thanks to the Metamora High School Jazz Ensemble for providing our wonderful music for the evening. A BIG thank you to Jody Tockes and the Hive for your patience, support and inspiration and providing our artists a true "Happy Place" to create and explore. Also, thank you to the Community Foundation for supporting this program through grant dollars. You can see more pictures [here!](#)

## CWTC's Bowl-A-Thon A Perfect Game!

Thanks to everyone who came out to the annual CWTC Bowl-A-Thon at Landmark Lanes. It was a huge success and everyone was throwing strikes. (Well, almost!) As you can tell, we all had a great time and can't wait until next year! Thank you for your supports of adults with disabilities. See more pictures [here!](#)



Stay in Touch!

